



**FRESSINGFIELD
COFE PRIMARY SCHOOL**

THANK YOU MRS SHELDRAKE

We would like to say a huge thank you and send wishes of good luck to Mrs Sheldrake, who will be leaving us on 19th October after many years of working with good-humour and enthusiasm to support our children greatly. We will greatly miss her and wish her every success as she embarks on a new adventure.

A collection is being made in the office to buy her a lovely leaving present, so if you would like to contribute, please see Mrs Drax.

HARVEST CELEBRATION

The Harvest Celebration this year will be held at the church at 9.30am on Thursday 18th October. You are welcome to join us at the church or to walk down with us.

We will be collecting donations of dry or tinned food which will be given to the Waveney Foodbank (please make sure the food is in date!) The children can bring their donations to the church with them. Thank you.

SWIMMING

Orinoco's first swim session of the year will be on Wednesday 14th November. Please could all children come prepared with swimmers, towel, goggles, a swim hat and (an optional) healthy snack for the bus journey home.

Yangtze Class' last swim will be on Wednesday 7th November.

Our school value this term is friendship.

I would like to pass on the thanks of all the teachers to all the parents who attended the consultations this week. We felt that the new format of meeting - with the children involved— was extremely positive; it was lovely to be able to celebrate their achievements and involve them in the setting of their own targets for the year. We hope you agree. I also hope you were able to take a look at the FOFSA display during parent's evening. FOFSA have raised a huge amount of money for the school over the course of the last few years and provided us with much needed resources. I know that they are always keen to have new members to help organise and run events, so, if you have any time to spare and would like to be involved, please pop into the office, or come to the meeting at 7pm on Tuesday 16th October at school.

REMEMBRANCE SERVICE

Key Stage 2 have been invited to attend and take part in the Remembrance Service at St Peter and St Paul Church on 8th November. As such, we have been sewing hearts for the 100 Hearts for 100 Years project. More details will follow, but if you are keen to be involved, please keep the date in your diary.

ONE LIFE SUFFOLK

After half term, the children in Congo and Orinoco class will be taking part in a series of workshops organised by the One Life Suffolk team as part of their PSHE lessons. The children will explore health issues, such as: nutrition, physical activity, sugary drinks, and sleep. The final session—on 11th December—will be run as a Share session and will be open to parents to attend too. More details will follow closer to the time.

The PE Shed Alert

OCTOBER HALF TERM SPORTS CLUB

Fressingfield
Friday 26th October
Cost: £12.75
Times: 9am to 3pm
Sports: Football, Dodgeball,
Capture the flag, team games
and spooky challenges.
Ages: 6 to 11

Save 20% with code: ASC20

www.ThePEshed.co.uk
Email: Ross@thepeshed.co.uk
Text: 07964094433

NUT-FREE SCHOOL

Some of our new parents may not be aware that, due to a specific and potentially serious allergy of one of our children, we are a nut-free school. As this has been such a big issue in the news recently, I am sure you can appreciate the reasons why we have chosen to adopt this policy. As such, please could you support us by ensuring all packed lunches and snacks are nut-free. Watch out especially for hidden nuts, in things like cereal bars or chocolate spread.

Thank you.

REG SAYS, 'DON'T BE LATE!'

Reg the dog is awarded to the class with the best attendance each week, but unfortunately, all late marks count against the class. The school day, and Early Morning Work, starts promptly at 8.45am and it is both disruptive if children are late arriving, and sometimes distressing for the child involved. Please make sure that all children are ready on the playground to come into school as the bell goes. "Thank you," says Reg.

Orinoco Parental Consultations

Mrs Browns parental consultations have been rescheduled for Monday 29th October and Thursday 1st November. Please would you rebook your slot in the usual way next week.

Thank you