

Fressingfield C of E Primary School

School Lane, Fressingfield, Eye, Suffolk IP21 5RU
Telephone : 01379 586393
Fax : 01379 588214
Email : admin@fressingfield.suffolk.sch.uk

Headteacher: Mr Mark Taylor



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Dear Children

I am writing with some tips for how to stay busy and positive during the school closure. At the moment, many of you will be quite excited about having so much time at home, but you might get bored without your friends around. So, keep yourself active during this time, to stay happy.

First of all, remember you are still a part of Yangtze Class. I will email your parents regularly with things to keep you busy and you can also look on the school website for updates, videos and fun things.

Secondly, try to follow these guidelines over the coming weeks:

- On school days, try to keep to a routine – a bit like the timetable at school. Get up, get dressed, have your breakfast and brush your teeth then get busy by about 9am. If you stick to a routine, you can keep your little grey cells ticking over and stave off boredom.
- Try to keep fairly close to the normal school timetable. I have provided you with activities for guided reading, maths, English and the afternoons.
- Do your best work – if you take care and do your best, you will feel proud of your achievements.
- Read, read, read. Then read a bit more.
- Be creative – paint, draw, be crafty, knit, learn to do something new.
- Be scientific – there are hundreds of experiments you can do at home. I will send you some fun ones to do.
- Do lots of exercise and drink lots of water.
- Help out around the house – your grown-ups will love it if you do!
- Save screen time for later in the day – don't over-do the Roblox but use it as a fun way to socialise with your friends after you have done everything else.
- Enjoy yourself, but work hard too.

I look forward to seeing you all once everything is back to normal again. Remember, you can email me with any questions, any worries, any comments, any work you want to share, or any good jokes.

All the best

Mr Leicester

Why did the student eat his homework?



Because the teacher told him it was a piece of cake!



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