Assembly Anti-Bullying Week 2021

Yesterday, I ate 2 apples for my dessert. They were juicy and delicious.



Today, my apples weren't so lovely. When I munched the first one, yes, it was great. But the second one ... yuck!

So, I decided to cut each apple in half, and noticed something very interesting. Can you seen the difference between the insides of

the 2 apples?



Yes, one is rotten inside. But hold on – on the outside, both apples looked fine.

What does this have to do with Anti-Bullying Week?

Well, on the outside, we all look similar – we have 2 eyes, 2 arms, a school uniform ... but **inside**, some of us might be hurting. We can't see it and we may not know why.

So what does this mean for us all in school? (Have a short think and discussion with your class.)

Is there a moral or message here? Yes. We may not know, or even who, somebody is hurting, but we do know we must always **be kind.**

Remember, things aren't always what they seem

on the outside.

